

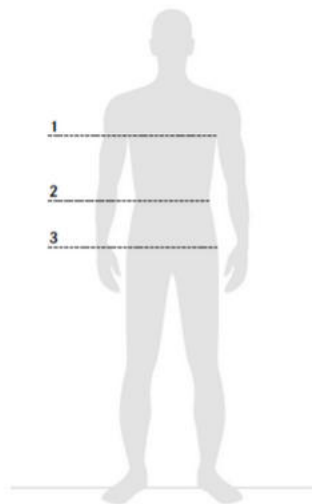
Clothing sizes

The tables below are designed to help you find your perfect size. It is important to take your measurements correctly. For best results, you should be relaxed and wearing only your underwear. Ideally you should use a tape measure which you should keep close to the body. If you have someone to help you, it will be easier and more precise.

1.Chest: keeping the tape measure horizontal, measure around the fullest part of the chest

2.Waist: measure around the waist without drawing the tape measure too tight

3.Hips: keeping the tape measure horizontal, measure around the fullest part of the hips



Men

Size	XS	S	M	L	XL	XXL	XXXL
Chest (CM)	85-90	91-96	97-102	103-108	109-114	115-120	121-126
Waist (CM)	78-82	83-87	88-93	94-99	100-105	106-111	112-117
Hips (CM)	89-94	95-100	101-106	107-112	113-118	119-124	125-130

Ladies

Size	XS	S	M	L	XL	XXL	XXXL
Chest (CM)	80-83	84-88	89-95	96-99	100-103	104-107	108-113
Waist (CM)	63-66	67-70	71-75	76-79	80-83	84-87	88-92